USING YOUR NOTES TO STUDY

Review them regularly - in different ways

TYPES OF NOTES YOU'VE GATHERED:

Notes you take in class



Notes you take on readings



Notes your teacher provides



WHAT DO YOU DO NOW?

PREPARE AN OUTLINE:

- Outlines are effective for consolidating and integrating your notes. Putting together an outline is in itself a way of studying.
 - On a new page, write the topic or concept as the main heading.
 - Scan each set of notes looking for information on the same concept or topic...
 - Write the main ideas, concepts, keywords, and examples in point form. Use subheadings.
 - Use a numbered or lettered list to make it easier to recall details.

Utilitarianism

- I. a theory claiming that the decision that creates the most good for the most people is the most ethical.
- 2. Focuses on consequences and results
- 3. Problems:
 - a) Stealing can be justified if affects more people positively than negatively.
 - b) Doesn't account for ideas like individual rights
- Put a **checkmark** in your original notes when you've added the information to the outline.

Use Your Outline:

- Cover up details and see what you remember. Put an X next to what you had difficulty recalling.
- Identify any gaps in your knowledge. Ask your teacher about them or research the answer. Add them to your outline.

WRITE A SUMMARY:

- Write a paragraph coordinating all the information in your outline into a coherent summary.
- Remember to open with a **topic sentence** and close with a **wrap-up** statement.





USING YOUR NOTES TO STUDY

Continued

FORMULATE POTENTIAL EXAM QUESTIONS:

- Prepare test questions and essay questions based on your outline. Use cue words.
- Answer them without looking at your notes.
- Write out long answers and answers to essay questions.

who? what? when? where? why? how?

describe... define...

explain... relate...

contrast... compare...

USE MEMORY AIDS:

Memory aids can be used to remember terms, names, dates or formulas.

Based on your outline, try to create:

• a pattern or a sentence using the first letters of important words

• short rhymes, poems, or songs of key ideas

Some People Can Fly!

Piaget's stages of cognitive development:

Sensorimotor Pre-operational, **Concrete Operational Formal Operational**



CREATE VISUALIZATIONS TO REPRESENT IDEAS:

- Create something visual to represent an idea in your outline.
- Illustrate your outline to assist memorization.
- Use concrete images, such as the chambers of the heart, to label important details.



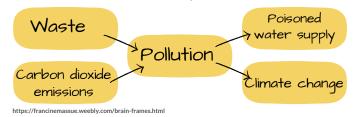


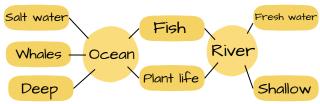
DRAW A CONCEPT OR MIND MAP:

- Take a concept from your outline or a potential essay question.
- Use arrows to relate concepts to other key ideas and details.
- To test yourself, make a mind map without checking your notes.

What are some causes and results of pollution?

Compare rivers and oceans as natural habitats.





For more information, contact the Academic Skills Centre (ASC).